

# What's On Spring Term April - June 2025

## Arts

### Philosophy Forum

**Old Diorama Arts Centre, Euston**

Join our Philosophy discussion group and ponder the greater questions in life.

**Book for the full term.**

**Sunday 6th April, 3.30 - 6 pm**

**Sunday 27th April, 3.30 - 6 pm**

**Sunday 11th May, 3.30 - 6 pm**

**Sunday 25th May, 3.30 - 6 pm**

**Sunday 8th June, 3.30 - 6 pm**

**Sunday 22nd June, 3.30 - 6 pm**

### Estorick Art Workshops

**Estorick Gallery, Highbury & Islington**

Join our friendly, creative community art workshops. Get creative and relax with like-minded people. Make artwork inspired by the gallery's internationally acclaimed exhibitions.

**Booking required for each workshop.**

**Tuesday 13th May, 3 - 5 pm**

**Tuesday 27th May, 3 - 5 pm**

**Tuesday 10th June, 3 - 5 pm**

**Tuesday 24th June, 3 - 5 pm**

### Art Visit

**Two Temple Place**

**Wednesday 21st May, 2 - 4 pm**

Join us for a creative art workshop at Two Temple Place. Be inspired by the Neo-Gothic architecture built in 1895.

### Choir

**Thursdays, 5.30 - 7 pm**

**St Luke's Community Centre, Old Street**

Choir is back with Cici for a new term. A friendly community choir, all levels, everyone welcome. Book full term.

**8 week course every Thursday**

**Start 8th May, Ends 3rd July.**

*Week break 5th June.*

### 'Write Away' - A Poetry Course with Bill Dury

**Tuesday's, 2 - 3.30 pm**

**Starts 20th May, ends 8th July**

**Islington Mind Centre, Archway**

8-week creative writing and poetry course in collaboration with Islington Mind. Explore your imagination, connect with like-minded people and self-express in a safe, friendly space. All levels are welcome. *(Some eligibility criteria apply.)*

# What's On Spring Term April - June 2025

## Friday Evening Events

**Drop-in events, no booking required.**

**Jean Stokes Community Centre, Caledonian Road, N1 0DX**

**Friday FORTNIGHTLY, 6.30 - 8.45 pm.**

Enjoy the entertainment, connect with the community, meet new people, and have fun! From Music and Comedy, to History, there is something for everyone.

*Refreshments included! Vegetarian, gluten free and vegan options available.*

### SLT Choir Performance

**Friday 4th April, 6.30 - 8.45 pm**

Enjoy listening to lively, uplifting songs performed by the SLT community choir.

### Billy's Bingo

**Friday 18th April, 6.30 - 8.45 pm**

Join us for our bingo night with prizes to be won. Hosted by writer and comedian Bill Dury - SLT's creative writing facilitator.

### Karaoke Night with Sophie Williams

**Friday 2nd May, 6.30 - 8.45 pm**

Join singer and poet Sophie Williams. Start the night off with some songs to sing-along to, then have some fun with karaoke.

### Covent Garden and it's Stories

**Friday 16th May, 6.30- 8.45 pm**

Illustrated talk by Tina Hodgkinson. Find out how Covent Garden got its name. Hear tales about famous actors from Nell Gwynn to Charles Dickens, as we explore its historic theatres and stories.

### Perpetual Songs from the Heart

**Friday 30th May, 6.30 - 8.45 pm**

Enjoy cover songs from the 60's to the 80's, from rock, gospel, country western and African music by Perpetual Emovon.

### Quiz Night

**Friday 13th June, 6.30 - 8.45 pm**

Come along and test your knowledge at our Friday Night quiz. Prizes to be won!

### Drama Performances with Odd Eyes Theatre

**Friday 27th June, 6.30 - 8.45 pm**

Watch drama performances by young adults from the new SLT Performance Course. Participants have developed their pieces over the past 16 weeks in the run up to the Cally Road Festival.

## Wellbeing

### Drop-In Coffee Afternoon

Drop into the Jean Stokes Community Centre for our SLT coffee afternoon. No need to book, just turn up and chat with new people over a hot drink. Join in with a small arts and crafts activity if you like. Refreshments provided.

Wednesday 7th May, 2 - 3.30 pm  
Wednesday 18th June, 2 - 3.30 pm

### Let's Dance

#### 6-week Dance Course

#### Mildmay Community Centre

From the Waltz to Rumba, Swing Jive and Salsa dance, come along and learn some invigorating dance moves with Mark. Focus on a different type of dance each week, with a warmup at the start.

**Book for the full term.**

Saturday 17th May, 1.30 - 3.45 pm  
Saturday 24th May, 1.30 - 3.45 pm  
Saturday 31st May, 1.30 - 3.45 pm  
Saturday 7th June, 1.30 - 3.45 pm  
Saturday 14th June, 1.30 - 3.45 pm  
Saturday 21st June, 1.30 - 3.45 pm

### Monday Meet-Ups

The group will get together twice per month, one social in Costa Coffee on Caledonian Road and one social outing, supported by SLT staff Katy and Cady.

Costa Coffee, Caledonian Road  
7th April, 1 - 3 pm

'A Lifetime Of Works' Exhibition  
28th April, 12 - 3 pm

Costa Coffee, Caledonian Road  
12th May, 1 - 3 pm

Working Men's College Tour  
19th May, 12 - 3 pm

Costa Coffee, Caledonian Road  
2nd June, 1 - 3 pm

Sky Garden  
16th June, 12 - 3 pm

## Nature

All of our nature visits are run by our trained nature leaders, Michael or Chris.

*Please note the meeting point will be provided once booking confirmation is received*

### Hyde Park

Wednesday 2nd April, 12 - 3 pm

### Camley Street

Wednesday 16th April, 1 - 2.30 pm

### New River Walk

Wednesday 30th April, 1 - 2.30 pm

### Kew Gardens

Wednesday 7th May, 12 - 4 pm

### Mudchute City Farm

Wednesday 11th June, 12 - 2 pm

### Regent's Park- Queen Mary's Rose Garden

Wednesday 25th June, 12 - 2 pm

### Brick-making workshop with Global Generations

Wednesday 14th May, 11 - 1 pm

Learn how to make a brick, by wedging, shaping and throwing clay into a mould. These bricks will contribute to the building of Global Generations' new permanent Triangle site community garden.

### Willow weaving workshop with Global Generations

Wednesday 28th May, 11 - 1 pm

Join us for an exclusive hands-on workshop at Global Generations' Triangle garden before it opens to the public. Learn the basics of weaving with willow to make a decorative willow bird feeder.

## BOOKING OR MORE INFO:

Email: [info@slt.org.uk](mailto:info@slt.org.uk)

Call and leave a message on: 020 7713 9304.

*Places are limited, booking essential.*

### About Stuart Low Trust

Stuart Low Trust Hopes to bring people together through our free activities, to help people find enjoyable activities, friendly faces and all without monetary limitation.

### More about us

Office 1, Jean Stokes Community Centre,  
Carnoustie Drive, London, N1 0DX  
Website: [www.slt.org.uk](http://www.slt.org.uk)  
Charity number 1102325 Company number 5001948

Registered with

